



CODE OF CONDUCT FOR PLAYERS

January 2015

1. At all times play by the rules.
2. Strive for excellence in everything you do.
3. Do not settle for second best in anything.
4. Work on your game at training sessions and at home.
5. Work hard to support your team mates. Encourage them in a positive manner
6. Dress appropriately for all training sessions and get into the habit of bringing a towel and clean clothes to change into in case of bad weather.
7. Arrive at training sessions early enough to prepare yourself to start exactly on time.
8. Contact your Coach or Team Manager at least 2 hours before the start of training, if:-
 - Bad weather
 - You are ill, or
 - You are unable to attend training
9. Arrive at matches at least one hour before the kick-off time.
10. All players should be available to sit on the bench for the age-up if requested unless extenuating circumstances apply.
11. At home games all players must stay to watch and support the team above them, if not all games.
12. Socks must remain pulled up and shirts must be tucked in throughout each match.
13. Never argue with a referee or linesperson.
14. Control your temper. Verbal abuse of officials, sledging of other players and deliberately provoking an opponent are not acceptable or permitted behaviours.
15. Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
16. Be a good sport.
17. Co-operate with your coach, manager, team-mates and opponents. Without them there would not be a competition.
18. Unconsciously respect the team's parents, team officials, club officials and team-mates.

19. Respect the rights and dignity of all participants regardless of their cultural background or religion.

20. Report all injuries to your Team Manager and Coach.

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Player

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Team